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# Disclosures

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#### Simplified approach to Follicular Lymphoma

	Low Tumor Burden	High Tumor Burden
Symptoms absent	Watch/Wait vs. single agent rituximab	R-chemo +/- MR vs. Watch/Wait
Symptoms present	Single agent rituximab vs. R-chemo	R-chemo +/- MR



Results of E4402 (RESORT): A Randomized Phase III Study Comparing Two Different Rituximab Dosing Strategies for Low Tumor Burden Follicular Lymphoma

> Brad Kahl, Fangxin Hong, Michael Williams, Randy Gascoyne, Lynne Wagner, John Krauss, Sandra Horning



#### **Background: Low Tumor Burden FL**

Watch and wait (with initiation of chemotherapy upon development of high tumor burden) considered a reasonable standard

3 RCTs failed to show an OS advantage for immediate chemotherapy vs. watch and wait

- Young et al, Sem Hematol, 1988
- Brice et al, JCO 1997
- Ardeshna et al, Lancet 2003



- Is W & W, until high tumor burden develops, the best strategy in the rituximab era?
  - Single agent R active and well tolerated in frontline LTB FL
    - Colombat et al, Blood 2001
- Could rituximab provide a low risk treatment strategy which could delay the time to first chemotherapy?
  - ~ 3 years in most studies of W & W



#### Recently we were shown:

- R monotherapy superior to W & W for the endpoint of time to first chemotherapy
  - Ardeshna et al, Lancet Oncology, 2014
- 15 20% of US FL patients receive R monotherapy as their initial treatment
  - Friedberg et al, JCO 2009



#### Background: How should the rituximab be dosed?

#### SAKK 35/98

- Maintenance superior to observation for RD
  - Ghielmini et al, Blood 2003
- Unclear if translates into better "disease control" as patients on observation can be re-treated with R at PD
  - Davis et al, JCO 2000
- One trial of R maintenance vs. re-treatment
  - PFS improved by MR
  - No difference in disease control
  - Small study (45 per arm) in R/R population
    - Hainsworth et al, JCO 2005



#### **E4402: RESORT Rationale**

#### Hypothesis:

 After initial rituximab therapy, extended scheduled dosing (maintenance rituximab - MR) will prolong disease control compared to retreatment dosing administered upon disease progression (rituximab retreatment - RR)

- Previously untreated, low tumor burden, FL an ideal patient population to test this hypothesis
  - Reasonably homogenous population



# E4402 (RESORT) Schema



#### \*Continue until treatment failure

No response to retreatment or PD within 6 months of R Initiation of cytotoxic therapy or Inability to complete rx

## E4402 Major Eligibility

#### Indolent NHL

- Follicular grade 1 or 2
- Small Lymphocytic
- MALT
- Marginal Zone nodal
- Marginal Zone splenic
- No prior lymphoma therapy
- Stage III or IV disease
- Measurable disease

- Low tumor burden as defined by GELF
  - No tumor mass > 7cm
  - Fewer than 3 nodal masses > 3 cm
  - No system symptoms or B symptoms
  - No splenomegaly greater than 16 cm by CT scan
  - No risk of organ compression
  - No leukemic phase
  - No cytopenias



## E4402 (RESORT) Objectives

#### Primary

 To compare the TTTF between the MR and the RR arms

#### Secondary

- To compare time to first cytotoxic therapy between the MR and the RR arms
- To compare QOL between the arms
- To compare toxicities between arms



#### E4402 (RESORT) Statistical Considerations

- 81% power to detect 36% reduction in the TTTF hazard rate in FL patients
  - Type I error 5% (two sided)
- Requires 270 randomized FL patients
- Stratification factors
  - Age (< 60 vs > 60)
  - Time from diagnosis (< 1 year vs > 1 year)
- Interim analysis by DMC q 6 months.
  - DMC recommended release of study results at a planned interim analysis



#### **RESORT: Consort Diagram**





#### **Baseline Characteristics at Randomization**

	RR (N=134)	MR (N=140)	
Age	59.7 (26-86)	59.0 (25-86)	
Gender (M/F)	46/54%	46/54%	
PS (0/1)	84/15%	87/10%	
Stage			
• 111	56%	48%	
• IV	43%	51%	
FLIPI			
• 0-1	15%	16%	
• 2	46%	43%	
• 3-5	39%	41%	
B2M elevated	46%	39%	





## **Time to Event Data**





## **Quality of Life Analysis**

- Is there a psychological benefit to being maintained in remission?
- Tools administered at randomization, 13, 26, 52, 104, 156, 208 weeks post randomization, and at treatment failure.
  - FACT-G total score
  - FACT-G emotional well being
  - Impact of event scale
  - HADS Anxiety

At all time points, no difference in QOL change score is observed. (Wagner et al, JCO 2015)



#### **Toxicity**

#### Second malignancies

- 9 RR arm
- 7 MR arm

# One progressive multifocal leukoencephalopathy MR arm

#### Deaths

- 10 RR arm
- 12 MR arm



#### **Treatment Information**

Analysis of # doses rituximab received, including 4 induction doses

	Min	Max	Median	Mean
RR	4	16	4	4.5
MR	5	35	18	16.8



In this study of previously untreated low tumor burden FL:

- Rituximab retreatment was as effective as maintenance rituximab for time to treatment failure
- MR was superior to RR for time to cytotoxic therapy
  - At a cost of 4x more R
- No benefit in QOL or anxiety with MR



#### **RESORT Conclusions**

So who won?

- Given the excellent outcomes with RR
  - 84% chemotherapy free at 3 years
- Given the toxicity profile with RR (fewer AE failures)
- Given the lack of QOL difference
- Given the fewer R doses required with RR
  - \$70,000/patient in drug costs

Rituximab retreatment is our recommended strategy if opting for rituximab monotherapy in LTB FL

Kahl et al, JCO 2014;32(28) 3096-102



Suppose one did a RESORT type design in the PRIMA population?

- R-chemo x 6 plus MR vs. R-chemo x 6 plus RR
- PFS can not be the primary endpoint
- Needs to be some other measure of disease control
  - "current PFS"
  - time to treatment failure
- The endpoint matters
  - How do you define clinical benefit?



#### Endpoint issues

- MR clearly improves PFS
- MR improves time to next treatment
- MR does not improve OS
- MR does not improve QOL

If PFS is sufficient then a reasonable trial would be:

- R-chemo x 6 cycles plus by MR followed by idelalisib for until PD vs. R-chemo plus MR.
- For "fun", do the math on idelalisib drug cost for a 1000 patient trial.



- PRIMA demonstrates of substantial PFS benefit for MR
  - No QOL benefit
  - No OS benefit
- RESORT demonstrates there is a viable alternative strategy to maintenance therapy
  - Resource utilization benefit
- Given the costs of new oncology agents
  - Can no longer tack additional treatment at end of planned FL therapy and declare victory when remissions last longer





#### **Carbone Cancer Center**

UNIVERSITY OF WISCONSIN SCHOOL OF MEDICINE AND PUBLIC HEALTH



#### **Questions?**